

# HOLY TRINITY ORTHODOX CHURCH

46 Seymour St., Yonkers, NY ~ 914.965.6815 ~ [www.HolyTrinityYonkers.org](http://www.HolyTrinityYonkers.org)



**Sunday, July 28, 2019**

**Sixth Sunday After Pentecost ~ Tone 5**

**Icon of the Mother of God of Greben**

**Deacons Prochorus, Nicanor, Timon and Parmenas, Apostles of the Seventy**

**MANY THANKS TO ST. VLADIMIR'S SEMINARY...**

for the use of their Three Hierarchs Chapel again, while we await the repair of our air-conditioning. We are blessed, and sincerely grateful to the SVS Community!

**DONATIONS TOWARD THE AIR-CONDITIONING REPAIR WILL BE GRATEFULLY RECEIVED!**

Our Parish Council and other parishioners are working hard to gather estimates and professional insight on how best to get our A/C back up and running.

The cost of the project is not set yet, but it will cost several thousand dollars.

As soon as we know the estimated total expense, we will let you know. Anyone wishing to offer a donation, please see Fr. David or Financial Secretary Eugene Balasenowich.

***Thank you!***

## SERVICES AND ACTIVITIES

### Today

9:30 AM Divine Liturgy followed by Coffee Hour

### Saturday, August 3

5:30 PM Private Confession Available

6:00 PM Great Vespers

### Sunday, August 4

9:30 AM Divine Liturgy followed by Coffee Hour

### Monday, August 5 and Tuesday, August 6: Great Feast of the Transfiguration of Our Lord

*Please check next Sunday's Bulletin and your email for the service schedule for Transfiguration.*

**TODAY'S EPISTLE Romans 12:6-14** Brethren: Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. Let love be without hypocrisy. Abhor what is evil. Cling to what is good. Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; distributing to the needs of the saints, given to hospitality. Bless those who persecute you; bless and do not curse.

**TODAY'S GOSPEL Matthew 9:1-8** At that time, Jesus got into a boat, crossed over, and came to His own city. Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, "Son, be of good cheer; your sins are forgiven you." And at once some of the scribes said within themselves, "This Man blasphemes!" But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven you,' or to say, 'Arise and walk'? But that you may know that the Son of Man has power on earth to forgive sins – then He said to the paralytic, "Arise, take up your bed, and go to your house." And he arose and departed to his house. Now when the multitudes saw it, they marveled and glorified God, who had given such power to men.

### **AN EAGLE SCOUT PROJECT BRINGS US A BLESSING!**

A great blessing to us: Boy Scout Daniel Fedorov, with the enthusiastic approval of the Parish Council, is building as his Eagle Scout project a much needed storage closet on the north side of the Fellowship Hall downstairs.

Why do we need this? Because, with the newly expanded use of the lower level for hospitality and fellowship – and the planned additions of bathrooms, kitchen, second exit, classroom and office – we are giving up space that had been used for storage. To have professional contractors build this new storage space would have cost at least \$5,000; and Daniel is doing this as his Eagle Scout project for only the cost of materials. And, thanks to the generosity of many of Daniel's friends and family – and many of you – those funds are already nearly all raised!

Last, but not least. Through such projects we open our doors to people who otherwise would not get to know our community – the fellow Scouts and volunteers assisting Daniel in his project. Many thanks to all of them!



~ ~ ~ ~ ~

### **YOUR HELP NEEDED!**

~ ~ ~ ~ ~



**We are hosting the participants of Diocesan Youth Day for Great Vespers and Ice Cream following their trip to the Yankee Game on Saturday, August 17!**

**Help is needed getting the ice cream and toppings, setting up, serving the kids, and cleaning up the Fellowship Hall afterwards.**

**YOUTH DAY for NEW YORK CITY & NEW JERSEY DEANERIES**

**SATURDAY, AUGUST 17**

**Please see Fr. David to offer your help.**

***Thank you!***

## COMING UP IN THE PARISH AND THE DIOCESE:

- Monday–Friday, August 12–16: Teacher Formation in the Catechesis of the Good Shepherd Program, at St. Tikhon’s Seminary. Contact Matushka Tamara for information.
- Saturday, August 17: Diocesan Youth Day – Baseball Game, Yankees vs. the Cleveland Indians at Yankee Stadium! Details coming on ticket prices and gathering before and after the game.
- ALSO Saturday, August 17: Annual Church School Teacher Training Workshop on the Catechesis of the Good Shepherd, Level 2, at Christ the Saviour Church, Paramus, NJ.
- September 20–22: Couples’ Retreat, “Making Good Marriages Better”, at St. Andrew’s Camp in Jewell, NY. Visit [www.nynjoca.org](http://www.nynjoca.org) and under the “COUPLES’ RETREAT” news article, click on “REGSITER ON–LINE NOW.”
- October 14–26, 2019: Pilgrimage to the Holy Land With Archbishop Michael! Pick up a poster on the Welcome Table with details.
- July 15–21, 2020: Pilgrimage to Alaska with Archbishop Michael: Celebrating 50 Years of the Glorification of St. Herman of Alaska, and the Autocephaly of the OCA! Pick up a poster on the Welcome Table with details.

## THERE IS STILL TIME TO SIGN UP FOR THE FINAL WEEK OF ST. ANDREW’S CAMP!

July 28-August 3: Teen Week

Tuition is \$300 / week; scholarships are available.

See Fr. David, or email Mat. Tamara at  
[tamarancowan@hotmail.com](mailto:tamarancowan@hotmail.com) for details;  
or visit [www.saintandrewscamp.org](http://www.saintandrewscamp.org)



### PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

***The Church opposes cremation; we cannot celebrate funerals for cremations.***



**Holy Trinity Orthodox Church** ~ 46 Seymour Street, Yonkers, NY 10701

Rector: V. Rev. David Cowan; Protodeacon John Eby;

Attached: V. Rev. John Tkachuk; V. Rev. Vitaly Bahanovich

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ✦ Email: [frdavidcowan@gmail.com](mailto:frdavidcowan@gmail.com);

Web: [www.HolyTrinityYonkers.org](http://www.HolyTrinityYonkers.org)

Facebook: [www.facebook.com/HolyTrinityOrthodox](http://www.facebook.com/HolyTrinityOrthodox)

Diocese of New York & New Jersey: [www.nynjoca.org](http://www.nynjoca.org)

## PRAYER LIST

Fr. Chad Hatfield, Pamela Adamovich, and Ann Forshey, recovering from surgery; Janet Van Duyn; Frankie; Annette, Helen, Valentina; Matushka Eugenia Nehrebecki; Eunice Bullock (Nigel's mother); Matushka Lesya and daughter Veronika Dubee; Fr. Paul Shafran; Paul Gall; Michael Herzak; Anna Zablotska; Steven and Jane Johansson; Tina Seckerson; Catechumen Judy & Rocco Mastronardi; Helen, Ronald, Mat. Anastasia Harris; Fr. Nicholas Harris, Sara Haughton, Aaron Hoskins; Vera Bullock; John Krawchuk; Sharon Turpening; Danielle, Sophia and Stella Miller; Martha Scigliano; Fr. Steven Belonick; Charlie Andonis; child Victoria Saraceno, child Charlie; Vera Bouteneff; Ted Chaiko; Nancy Prusak; Honorina Rodriguez; Mary Braig; Marian Harris; Vincent Knarr; Luka & Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Bill Bodack; Courtney Lyzak; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, John Chupeck; Stephen Hoskins, Samuel Kedala, Leonid Kishkovsky, John Malcom, Josef Petranin, John Reeves, Daniel Skvir, Ken James Stavrevsky; Basil Summer, Dennis Swencki; John Tkachuk, John Zabinko; Matushki Ellen Chupeck, Myra Kovalak, Rebekah Markewich, Alexandra Safchuk, Priscilla Shipley; all those confined to hospitals, nursing homes, and their own homes due to illness, including Eugen Balasenowich, Sr.; Maria Chouplat; Helen Delandri; Olga Donski; Walter Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Stephanie Phillips; Tekla Rzyzyk; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Samantha Fricke (7/25), Sophie Kalafus (7/31), Eugene Balasenowich (8/1), Subdeacon Christopher Nolan & Anastasia Statkevics (8/2). Anniversary: Michael & Elena Paolercio (10 years, 8/1); Fr. David & Mat. Tamara Cowan (27 years, 8/2). Asking God's blessing on our labors renovating the Church building.

**For blessed repose for the souls of:** Newly departed Robert James Megna, Jr. (+7/26), Elena Nehrebecki (+7/18), Olga Pavelchak (+7/13) Earle Ausman (+7/11), Lydwine Miller (+7/10), child Eli (+7/1), Marilena Fotino (+6/23); Consuelo Scott (+6/22), Adnan Abbasi (+6/20), Galina Lavreniuk (+5/19), Victor Makarov (+11/28/18); and all those departed this life in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.**

**Typically, names remain on this list for 40 days, unless requested otherwise.**

**PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!**

Elizabeth Bouteneff  
Joe Ciamarra  
Brandon Ferguson  
Samantha Fricke  
Kaydee Kowalczyk

Andrew Nolan  
Peter Nolan  
August Perry  
Kamille Perry  
Joshua Rzyzyk  
Stephanie Rzyzyk

Matthew Skalski  
Justyna Skalski  
Adriana Szpynda  
Emily Szpynda  
Katherine Wislocki  
Olivia Wislocki

*"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael*  
**Please tell Fr. David if there are any errors or omissions on this list.**

## CANDLE SPONSORSHIPS FOR JULY:

**Vigil Candles, Icons of Christ and the Theotokos, Departed Members, Wirchansky Family:** Janet, Peter, Christina, Anne, Helen & Anastasia. **Living:** Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, St. Nicholas, South Kliros,** Newly Departed Regina Cataldo; for the Health of Christina Sceppaquercia.

## WISDOM FROM THE SAINTS:

**"Only the foolish think that suffering is evil. Only sin in a man is a real evil, and there is no evil outside sin.**

**Everything else that men generally call evil is not evil, but is a bitter medicine to heal from evil.**

**The sicker the man, the more bitter the medicine that the doctor prescribes for him.**

**All the suffering borne by men and nations is none other than the abundant healing that God in His mercy offers, to save them from eternal death. Every sin, however small, would inevitably bring death if God in His mercy were not to allow suffering -- in order to sober men up from the drunkenness of sin."**

**- St. Nikolai Velimirovich of Serbia and South Canaan, PA**