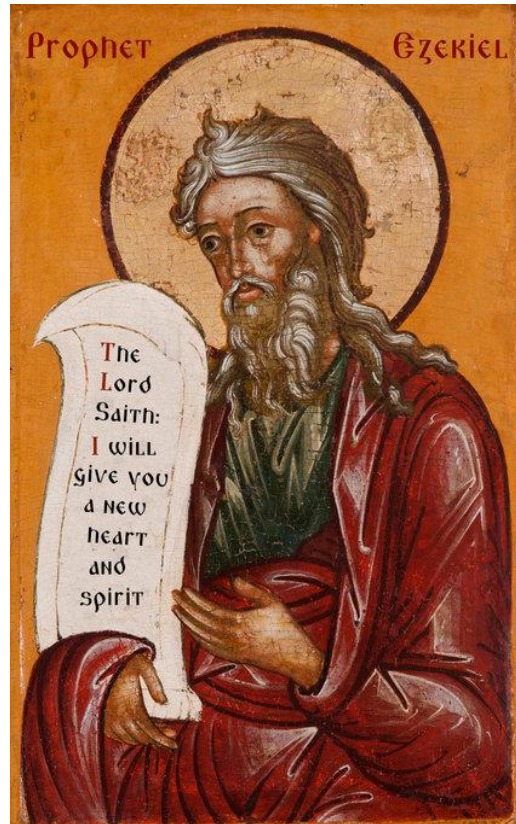


# HOLY TRINITY ORTHODOX CHURCH

46 Seymour St., Yonkers, NY ~ 914.965.6815 ~ [www.HolyTrinityYonkers.org](http://www.HolyTrinityYonkers.org)



## Sunday, July 21, 2019

### Fifth Sunday After Pentecost ~ Tone 4 ~ Holy Prophet Ezekiel

**MEMORY ETERNAL: OLGA PAVELCHAK**

Olga, who was an active parishioner here for many years and recently moved to New Jersey, reposed in the Lord on July 13, at the age of 102. She was laid to rest on Thursday, July 18. Thanks to Father David Mezynski and Dasha Piwinski for celebrating and singing the Funeral.

*May + Olga's memory be eternal!*

**MANY THANKS TO ST. VLADIMIR'S SEMINARY...**

for the use of their Three Hierarchs Chapel while we await the repair of our air-conditioning. Father Chad Hatfield, President of SVS, personally extended the invitation this past week. We are blessed, and sincerely grateful!

**MANY THANKS FOR A VERY GENEROUS  
DONATION TOWARD THE AIR-CONDITIONING REPAIR...**

Our Parish Council and other parishioners are working hard to gather estimates and professional insight on how best to get our A/C back up and running.

It will be a costly project. *Many, Many thanks for a donation received Sunday, July 14, for \$2,500.00 toward the cost of the project, offered with prayers for newborn Jameson Roarke Rippe, and for the ever-memorable Antoinette and Michael Adamovich.*

As soon as we know the estimated total cost of the project, we will let you know. Anyone wishing to offer a donation, please see Fr. David or Financial Secretary Eugene Balasenowich.

*Thank you!*

## SERVICES AND ACTIVITIES

### Today

9:30 AM *Divine Liturgy* followed by Coffee Hour

### Saturday, July 27

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

### Sunday, July 28

9:30 AM *Divine Liturgy* followed by Coffee Hour

### Saturday, August 3

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

### Sunday, August 4

9:30 AM *Divine Liturgy* followed by Coffee Hour

### Monday, August 5

6:00 PM *Vesperal Divine Liturgy* – The Great Feast of the Transfiguration of Our Lord

**TODAY'S EPISTLE Romans 10:1-10** Brethren: my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. For Christ is the end of the law for righteousness to everyone who believes. For Moses writes about the righteousness which is of the law, "The man who does those things shall live by them." But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down from above) or, "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. **TODAY'S GOSPEL Matthew 8:28-9:1** At that time, when Jesus had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed men, coming out of the tombs, exceedingly fierce, so that no one could pass that way. And suddenly they cried out, saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?" Now a good way off from them there was a herd of many swine feeding. So the demons begged Him, saying, "If You cast us out, permit us to go away into the herd of swine." And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water. Then those who kept them fled; and they went away into the city and told everything, including what had happened to the demon-possessed men. And behold, the whole city came out to meet Jesus. And when they saw Him, they begged Him to depart from their region. So He got into a boat, crossed over, and came to His own city.

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## **YOUR HELP NEEDED!**

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**We are hosting the participants of Diocesan Youth Day for Great Vespers and Ice Cream following their trip to the Yankee Game on Saturday, August 17!**

**Help is needed getting the ice cream and toppings, setting up, serving the kids, and cleaning up the Fellowship Hall afterwards.**

**YOUTH DAY for NEW YORK CITY & NEW JERSEY DEANERIES**

**SATURDAY, AUGUST 17**

**Please see Fr. David to offer your help.**

***Thank you!***

## COMING UP IN THE PARISH AND THE DIOCESE:

- Monday–Friday, July 22–26: *Project Pearl River Church Painting and Cleanup Volunteer Project*, at our Church of the Transfiguration in Pearl River. Pick up a poster on the Welcome table for details.
- Monday–Friday, August 12–16: Teacher Formation in the Catechesis of the Good Shepherd Program, at St. Tikhon's Seminary. See Matushka Tamara for information.
- Saturday, August 17: Diocesan Youth Day – Baseball Game, Yankees vs. the Cleveland Indians at Yankee Stadium! Details coming on ticket prices and gathering before and after the game.
- ALSO Saturday, August 17: Annual Church School Teacher Training Workshop on the Catechesis of the Good Shepherd, Level 2, at Christ the Saviour Church, Paramus, NJ.
- October 14–26, 2019: Pilgrimage to the Holy Land With Archbishop Michael! Pick up a poster on the Welcome Table with details.
- July 15–21, 2020: Pilgrimage to Alaska with Archbishop Michael: Celebrating 50 Years of the Glorification of St. Herman of Alaska, and the Autocephaly of the OCA! Pick up a poster on the Welcome Table with details.

## THERE IS STILL TIME TO SIGN UP FOR ST. ANDREW'S CAMP!

July 21-27: Ecology Week  
July 28-August 3: Teen Week

Tuition is \$300 / week; scholarships are available.

See Fr. David, or email Mat. Tamara at  
[tamarancowan@hotmail.com](mailto:tamarancowan@hotmail.com) for details;  
or visit [www.saintandrewscamp.org](http://www.saintandrewscamp.org)



### PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

***The Church opposes cremation; we cannot celebrate funerals for cremations.***



**Holy Trinity Orthodox Church** ~ 46 Seymour Street, Yonkers, NY 10701

Rector: V. Rev. David Cowan; Protodeacon John Eby;

Attached: V. Rev. John Tkachuk; V. Rev. Vitaly Bahanovich

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ✦ Email: [frdavidcowan@gmail.com](mailto:frdavidcowan@gmail.com);

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Facebook: [www.facebook.com/HolyTrinityOrthodox](http://www.facebook.com/HolyTrinityOrthodox)

Diocese of New York & New Jersey: [www.nynjoca.org](http://www.nynjoca.org)

## PRAYER LIST

Pamela Adamovich recovering from surgery; Ann; Matushka Eugenia Nehrebecki; Newly tonsured Reader Vasily (William) Bolinsky; Catechumen Judith Mastronardi; newborn Bradley Asher (great-nephew of Cris Saraceno); Newborn Jameson Roarke Rippe (Michael & Pam Adamovich's grandson); Eunice Bullock (Nigel's mother); Mario Coco (Tina Reduto's father); Christina and her daughter Eva; Matushka Lesya and daughter Veronika Dubee; Fr. Paul Shafran; Paul Gall; Michael Herzak; Anna Zablotska; Steven and Jane Johansson; Mat. Alexandra Safchuk; Mat. Myra Kovalak; Dominic Strammiello; Tina Seckerson; Rocco Mastronardi; Helen, Ronald, Mat. Anastasia Harris; Fr. Nicholas Harris, Sara Haughton, Aaron Hoskins; Vera Bullock; John Krawchuk; Sharon Turpening; Danielle, Sophia and Stella Miller; Martha Scigliano; Fr. Steven Belonick; Charlie Andonis; child Victoria Saraceno, child Charlie; Vera Bouteneff; Ted Chaiko; Nancy Prusak; Honorina Rodriguez; Mary Braig; Marian Harris; Vincent Knarr; Luka & Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Bill Bodack; Courtney Lyzak; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, John Chupeck; Stephen Hoskins, Samuel Kedala, Leonid Kishkovsky, John Malcom, Josef Petranin, John Reeves, Daniel Skvir, Ken James Stavrevsky; Basil Summer, Dennis Swencki; John Tkachuk, John Zabinko; Matushki Ellen Chupeck, Rebekah Markewich, Priscilla Shipley; all those confined to hospitals, nursing homes, and their own homes due to illness, including Eugen Balasenowich, Sr.; Maria Chouplat; Helen Delandri; Olga Donski; Walter Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Stephanie Phillips; Tekla Rzyzyk; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Asking God's blessing on our labors renovating the Education Building and the Church building.

**For blessed repose for the souls of:** Newly departed Elena Nehrebecki (+7/18), Olga Pavelchak (+7/13); Earle Ausman (+7/11), Lydwine Miller (+7/10), child Eli (+7/1), Marilena Fotino (+6/23); Consuelo Scott (+6/22), Adnan Abbasi (+6/20), Lyudmila Zaretsky (+6/10), Galina Lavreniuk (+5/19), Victor Makarov (+11/28); ever-memorable Michael & Antoinette Adamovich; and all those departed this life in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.**

**Typically, names remain on this list for 40 days, unless requested otherwise.**

**PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!**

Elizabeth Bouteneff  
Joe Ciamarra  
Brandon Ferguson  
Samantha Fricke  
Kaydee Kowalczyk

Andrew Nolan  
Peter Nolan  
August Perry  
Kamille Perry  
Joshua Rzyzyk  
Stephanie Rzyzyk

Matthew Skalski  
Justyna Skalski  
Adriana Szpynda  
Emily Szpynda  
Katherine Wislocki  
Olivia Wislocki

*"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael*

**Please tell Fr. David if there are any errors or omissions on this list.**

## CANDLE SPONSORSHIPS FOR JULY:

**Vigil Candles, Icons of Christ and the Theotokos, Departed Members, Wirchansky Family:** Janet, Peter, Christina, Anne, Helen & Anastasia. **Living:** Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, St. Nicholas, South Kliros,** Newly Departed Regina Cataldo; for the Health of Christina Sceppaquercia.

## WISDOM FROM THE SAINTS:

**"Rouse yourselves! The world which you worship only flatters you. The heaviness of your flesh should not keep you back from our Saviour — the God of spirits and of all flesh. If you continue to drowse, you will imperceptibly fall under the influence of the evil spirits, who are anxious for the company even of swine. Be careful that you become not possessed by a demon."**

**- Saint Sebastian Dabovich**