

A SPIRITUAL RETREAT FOR OUR PARISH FAMILY

With Fr. Sergius, Abbot of St. Tikhon's Monastery

SATURDAY, MARCH 21



- **9:00 Memorial Divine Liturgy, followed by Breakfast**
- **11:00 AM: "TEN MINUTE SPIRITUALITY IN A MODERN WORLD" with Fr. Sergius**
- **About 12:30 PM: Lunch**
- **1:30 PM: "SAVED ... FROM WHAT? - SAVED ... FOR WHAT?" with Fr. Sergius**
- **4:00 PM: Great Vespers**

Come for all of it... come for part of it ... just come!

Suggested Donation \$10 / Single; \$20 / Family

Father Sergius, the Abbot of St. Tikhon's Monastery in South Canaan, PA, grew up Catholic in San Jose, CA. He was received into the Orthodox Church in the mid-90's and took monastic vows in 1998. Moving to St. Tikhon's Monastery in 2000, Fr. Sergius completed his Master of Divinity degree and directed the Seminary & Monastery Choirs for years. He was ordained a priest in 2008 and elected Abbot of the Monastery in 2009. He is beloved among American Orthodox faithful for his preaching and teaching – youthful and enthusiastic, wise and inspired – radiating the love and joy found in Christ.

HTO YOUTH FAMILIES: Here's an Idea- Make March 21 a FAMILY AFFAIR!

Our HTO YOUTH Group is lining up a Day of Service at Casa Juan Diego Hospitality Center, the café operated by our neighbors, the Franciscan Friars of the Renewal, and located at 97 Yonkers Ave. (at Walnut St.).

The teens would help prepare, serve, and clean up lunch, from 9:30 AM – 1:30 PM.

PARENTS: Drop off your teen(s) at C.J.D. at 9:30; come here and join the Retreat; and go pick them up at 1:30.

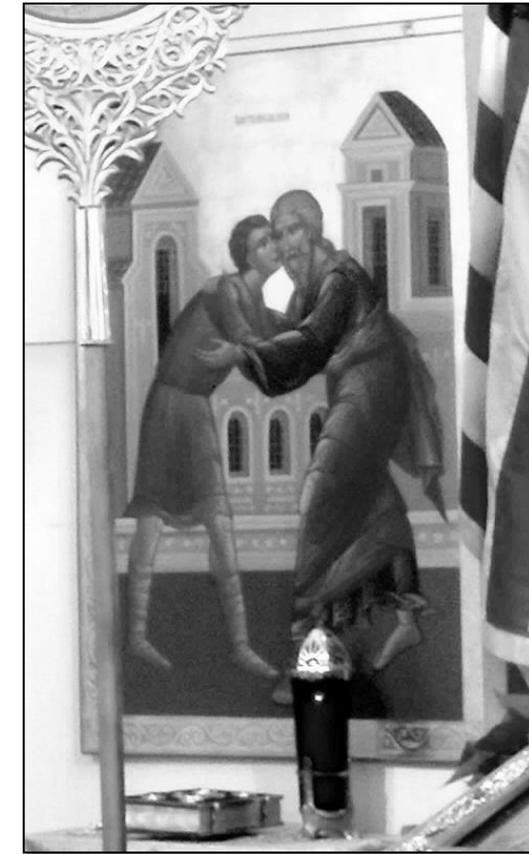
Plans are afoot for additional C.J.D. service days. See Mardi Perry for details!



*Casa Juan Diego -
97 Yonkers Ave., Ground Floor*

HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, February 8, 2015

**The Sunday of the Prodigal Son
Second Sunday of the Lenten Triodion**

IT'S A GIRL! – VERA ELIZABETH PARROTT

Our Seminary intern, Fr. Kyle Parrott, and his Matushka Leanne, joyfully announce the birth of their second daughter, Vera Elizabeth Parrott! Born Friday, Feb 6, at 12:40 PM, Vera weighed in at 6 pounds, 10 ounces; 19 inches long. ***May God grant His newborn handmaid, Vera Elizabeth, Many Blessed Years!***



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ♦ 46 Seymour Street ♦ Yonkers, New York 10701
Rector: Rev. David Cowan ♦ Protodeacon John Eby
Attached: V. Rev. John Tkachuk ♦ Rev. Vitaly Bahanovich
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
Rectory Phone 914-965-6815 ♦ Email: frdavidcowan@gmail.com
Web: www.holytrinityyonkers.org
Facebook: www.facebook.com/holytrinityorthodox
Diocese of New York & New Jersey: www.nynjoca.org

Sun., Feb. 8, 2015 ~ The Sunday of the Prodigal Son

Epistle: 1 Corinthians 6:12-20; Gospel: Luke 15:11-32

SERVICES AND ACTIVITIES

Today – Sunday of the Prodigal Son

9:30 AM *Divine Liturgy* with *Blessing of our 2015 Parish Council* and *Panikhida* for John Kowalczyk, commemorating the first anniversary of his repose, requested by his wife Melanie, children and grandchildren.
After Liturgy Coffee Hour – Hosted in Loving Memory of John Kowalczyk, by his wife Melanie, children, grandchildren, and family.
12:30 PM Parish Council Meeting – in the Education Building

Saturday, February 14

5:30 PM Private Confession Available
6:00 PM *Great Vespers*

Sunday, February 15 – Sunday of the Last Judgment ~ Meatfare Sunday

9:30 AM *Divine Liturgy* with *Panikhida*, for Maria, John & Maria Rzyk, requested by their children; and for John Kowalczyk, by Mr. & Mrs. R. Kozicky.
5:00 PM *Distinguished Diocesan Benefactor Appreciation Dinner* – NYC Deanery; Hosted by Bishop Michael, Here in the Fellowship Hall. All Parishioners are Invited! RSVP to Fr. David.

*****At the end of the day Sun., 2/15, we begin to fast from meat, until Holy PASCHA.**

The following week, however, we may eat dairy products every day, including Wednesday & Friday. ***

Friday, February 20

7:00 PM Saints Martha & Mary Women’s Group – at Dasha Piwinski’s home.

Saturday, February 21

5:30 PM Private Confession Available
6:00 PM *Great Vespers*

Sunday, February 22 – Forgiveness Sunday ~ Cheesefare Sunday

9:30 AM *Divine Liturgy* and *Forgiveness Vespers*
At Coffee Hour: “Cheesecake Sunday!” ~ Come Hungry! If you want to bring your own favorite to share, please see Suzanne Nolan to sign up!

The Great Fast of Lent begins Monday, Feb. 23 and ends on Holy PASCHA (Easter), Sunday, April 12, with the Paschal Divine Liturgy. During Great Lent we are called to abstain from meat and dairy products and from spiritually unproductive entertainment.



*“How can we thank God enough for you in return for all the joy that we feel before our God because of you?”
(1 Thessalonians 3:9)*

*You are cordially invited to attend
the New York City Deanery Appreciation Dinner
for the 2014 Distinguished Diocesan Benefactors
of the Diocese of New York & New Jersey*

*hosted with gratitude by
His Grace, Bishop MICHAEL*

*Sunday, February 15, 2015
at five o’clock in the evening*

*Holy Trinity Orthodox Church
46 Seymour Street
Yonkers, NY 10701*

~You are encouraged to bring family members and parish guests~

*RSVP by Sunday, February 8 with the number attending
to Fr. David Cowan 914.965.6815 or email: frdavidcowan@gmail.com*

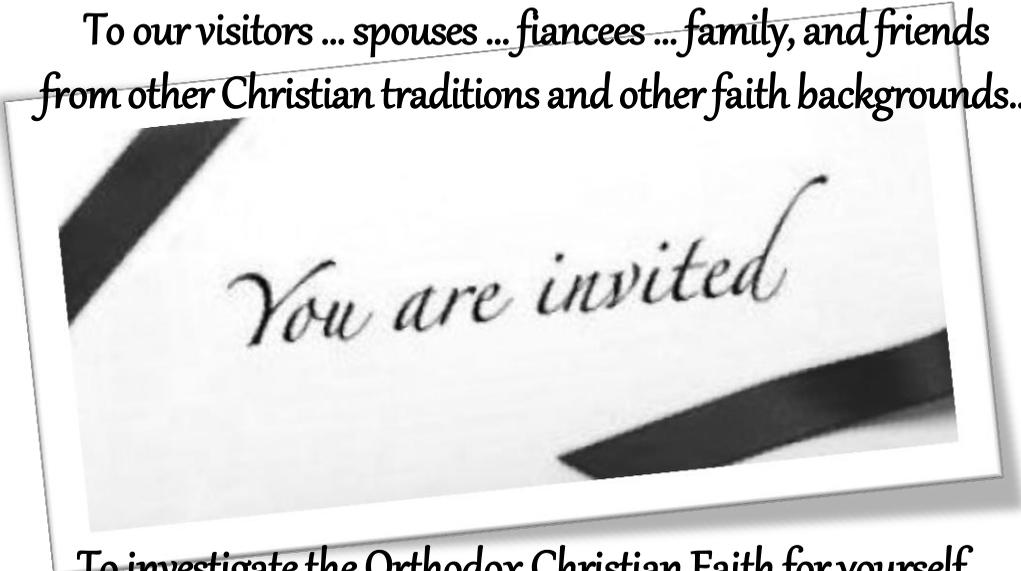
WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a **DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video “slice of life” of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. Questions? See Fr. David.



To our visitors ... spouses ... fiancées ... family, and friends
from other Christian traditions and other faith backgrounds...



You are invited

To investigate the Orthodox Christian Faith for yourself...

ONLINE, on the Diocese of New York & New Jersey's
"INVITATION" Website, at www.nynjoca/invitation.html

And IN PERSON, on these three Saturdays during Great Lent:

Saturday, February 28 – 4:00-5:00 PM, in the Church

Saturday, March 14 – 4:00-5:00 PM, in the Church

Saturday, March 28 – 4:00-5:00 PM, in the Church

The Orthodox Church is evangelical, but not Protestant.

It is orthodox, but not Jewish.

It is catholic, but not Roman.

It is not non-denominational, it is pre-denominational.

Come and Learn ... Come and Ask ... Come and See!

TODAY'S EPISTLE 1 Corinthians 6:12-20 Brethren: All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any.¹³Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body is not for sexual immorality but for the Lord, and the Lord for the body.¹⁴And God both raised up the Lord and will also raise us up by His power.¹⁵Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a harlot? Certainly not!¹⁶Or do you not know that he who is joined to a harlot is one body with her? For "the two," He says, "shall become one flesh."¹⁷But he who is joined to the Lord is one spirit with Him.¹⁸Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.¹⁹Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?²⁰For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. **TODAY'S GOSPEL Luke 15:11-32** The Lord spoke this parable: "A certain man had two sons.¹²And the younger of them said to his father, 'Father, give me the portion of goods that falls to me.' So he divided to them his livelihood.¹³And not many days after, the younger son gathered all together, journeyed to a far country, and there wasted his possessions with prodigal living.¹⁴But when he had spent all, there arose a severe famine in that land, and he began to be in want.¹⁵Then he went and joined himself to a citizen of that country, and he sent him into his fields to feed swine.¹⁶And he would gladly have filled his stomach with the pods that the swine ate, and no one gave him anything.¹⁷But when he came to himself, he said, 'How many of my father's hired servants have bread enough and to spare, and I perish with hunger!¹⁸I will arise and go to my father, and will say to him, "Father, I have sinned against heaven and before you,¹⁹and I am no longer worthy to be called your son. Make me like one of your hired servants. '²⁰And he arose and came to his father. But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him.²¹And the son said to him, 'Father, I have sinned against heaven and in your sight, and am no longer worthy to be called your son.'²²But the father said to his servants, 'Bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet.²³'And bring the fatted calf here and kill it, and let us eat and be merry;²⁴'for this my son was dead and is alive again; he was lost and is found.' And they began to be merry.²⁵Now his older son was in the field. And as he came and drew near to the house, he heard music and dancing.²⁶So he called one of the servants and asked what these things meant.²⁷And he said to him, 'Your brother has come, and because he has received him safe and sound, your father has killed the fatted calf.'²⁸But he was angry and would not go in. Therefore his father came out and pleaded with him.²⁹So he answered and said to his father, 'Lo, these many years I have been serving you; I never transgressed your commandment at any time; and yet you never gave me a young goat, that I might make merry with my friends.³⁰'But as soon as this son of yours came, who has devoured your livelihood with harlots, you killed the fatted calf for him.'³¹And he said to him, 'Son, you are always with me, and all that I have is yours.³²'It was right that we should make merry and be glad, for your brother was dead and is alive again, and was lost and is found.' "

SEEKING DONATIONS: MORE BLUE LITURGY BOOKS FOR THE PEWS

Anyone wishing to donate these books, at \$3.00 each, please see Fr. David.
You are contributing to the learning and growth of our visitors AND our long-time parishioners in their knowledge and love of the Liturgy! Thank you!

MARK YOUR CALENDARS:

- Sun., Feb. 15, 5:00 PM: Bishop Michael Hosts the Annual Distinguished Diocesan Benefactors Appreciation Dinner, Here!** All parishioners are invited ... and anyone who could **help serve this dinner (which will be catered), or bring desserts,** would be greatly appreciated! See Matushka Tamara to offer your assistance.
- Fri., Feb. 20, 7:00 PM: Saints Martha & Mary “M&M” Women’s Group Meets,** at Dasha Piwinski’s home. For more information see Dasha, or Mat. Tamara.
- Sun., Feb. 22, “Cheesecake Sunday!”** Before we begin the Lenten fast, say “Cheese-Farewell” in style with homemade cheesecake from our very own chefs! Chefs – See Suzanne Nolan to sign up with your special cheesecake creation.
- Sat., Feb. 28, 4:00-5:00 PM, “An Invitation” Inquirers’ Hour,** in the Church.
- Sat., March 7, 4:00-5:30 PM: Chanters’ Workshop.** Father David asks that everyone currently on the schedule chanting the Epistle in church attend this “continuing education” workshop. AND – anyone interested in learning more about chanting in church, is most welcome to participate! See Mat. Tamara or Peter Bouteneff for details.
- Sat., March 14, 4:00-5:00 PM, “An Invitation” Inquirers’ Hour,** in the Church.
- Sat., March 21: Lenten Retreat with Abbot Sergius of St. Tikhon’s Monastery.** See the back page for details.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn’t mean “Last Rites!”

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.
The Church opposes cremation; we cannot celebrate funerals for cremations.

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Newborn Vera Parrott; newly married George & Madeline Miroshnikov; Elena Herman; the child August Veerman; Noel & Christina; Becka; Tatiana Mordovina; Anatole Honczarenko; Matushka Patricia Mason; Catechumen Mary Ann Paprocki; Adriana Szynda; Paul “PJ” Sulich; Gloria Panciera; Elias & Jonah Kachur; Christina McDonald; Mary Smith; Fr. John Tkachuk; newborn Elena King; Ludmila Branzow; Natasha Harris; Nathan Orsini; Olga Ptach; Suzanne Gee; Matthew & Malek; Dorothy Vernak; Nikolette Katechis; John Loving; Sherry Safchuk, and the child to be born to her; Nicholas Washenko; Maryanne Nolan; His Eminence, Archbishop Seraphim; Jason & Kimberly, Paul & Natalia, Joshua & Jacqueline, Norm & Elena, Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; John & Julia Wislocki; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne’s sister); Vitaliy Khutko; Malcolm Kirkpatrick; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. Joseph Chupeck, Thomas Hopko, Leonid Kishkovsky, John Pawelchak, Herman Schick, Ken James Stavrevsky, Daniel Degyansky, Michael Koblosh, Stephen Mack; PDns. Peter Skoog & Michael Sochka; Ann Belchyk; Helen Delandri; Helen Dempsey; Olga Jaworski; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Olga Pavelchak; Stephanie Phillips; Tekla Rzyk; Mat. Juliana Schmemann; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families.. Birthdays: Madeline Miroshnikov & Martha Wislocki (today); Elias Kachur (2/5); Olivia Reduto (2/11).

For blessed repose for the souls of: Newly departed infant Heily (+1/29); Robert Saldis (Mary Ann Paprocki’s brother, + 1/26); Petr Teplov (+1/19); the ever-memorable John Kowalczyk; Meggi Kvizikadze; Vladimir & Vira; and all departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Michael Bouteneff	Madeline Miroshnikov	Matt Skalski
Joe Ciamarra	Kamille Perry	Alexandra Solak
Megan Jones	Schuyler Perry	Nick Thanasias
Kaydee Kowalczyk	Roman Piwinski	Monika Wislocki
Dan Kozak	Amanda Rzyk	
Peter Kreatsoulas	Peter Rzyk	

Please tell Fr. David if there are any errors or omissions on this list.